

## Carmarthen Youth Project Mission Statement

Carmarthen Youth Project aims to promote the best interests of young people (aged 11–25) from Carmarthen and the surrounding rural areas. This is achieved by providing a safe, educational, informative and stimulating leisure environment for young people to meet and interact. We assist young people to develop their physical, mental, emotional and spiritual capacities. Our aim is to empower young people to become mature and fully integrated members of society.

### Equal Opportunities

As a volunteer working with our organisation, we expect you to work within the spirit of our equal opportunities policy. This means understanding that every one, no matter how they differ from ourselves, has a right to be treated with respect in how we behave towards them and how we speak to and about them.

In practice, this might mean:

- Ensuring that everyone has the same opportunity to participate in your activities.
- Ensuring that everyone is treated with the same respect and courtesy
- Refraining from speaking in a manner that may be offensive
- Avoiding making jokes that others may find offensive

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Y Ty Clwb, Parc y Brodyr, Caerfyrddin, Sir Caerfyrddin SA31 3AN

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**CARMARTHEN  
YOUTH  
PROJECT**



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# VOLUNTEER PACK

Dr.M'z is a youth drop in centre run by Carmarthen Youth Project for young people aged 11-25. We provide a comfortable, safe, informative and stimulating place for young people to meet. We aim to be open to young people as much as possible. We can only do this if we have enough staff/volunteers.

Volunteering at Dr.M'z can be a lot of fun and a very rewarding experience. The main role of a volunteer is to meet with young people to provide companionship, build relationships, reduce isolation, build confidence and share activities.

The purpose of youth work in Wales is -  
**“To facilitate and support young people’s growth through dependence to interdependence, by encouraging their personal and social education and helping them to take a more positive role in society”**

To work as a volunteer you do not need any experience or loads of spare time. All you need is willingness to talk to young people and to be reliable and consistent.

# Volunteer application form

Name:	Date of Birth:
Address:	Telephone Number:
	Mobile Number:
Postcode:	
E-mail:	
Are you in good health? <b>Yes/No</b>	If no please provide details
Are you registered disabled? <b>Yes/No</b>	If yes please provide details

(We positively welcome applications from individuals with disabilities)

What times would you be able to volunteer at the project?	
During the day <input type="checkbox"/> Evenings <input type="checkbox"/> Weekends <input type="checkbox"/> Other <input type="checkbox"/>	
How many hours a week are you available?	
Up to 2 hours <input type="checkbox"/> 2 to 8 hours <input type="checkbox"/> Over 8 hours <input type="checkbox"/>	
Employment status	Employed <input type="checkbox"/> Unemployed <input type="checkbox"/> Student <input type="checkbox"/> Other <input type="checkbox"/>
Please provide details of any previous work experience including voluntary work	
Do you have your own transport? <b>Yes/No</b>	Do you speak Welsh? <b>Yes/No</b>
What are your general interests?	

Please provide details of two people whom we may obtain references	
Reference 1	Reference 2
Name:	Name:
Address:	Address:
Postcode:	Postcode:
Phone No:	Phone No:
Occupation :	Occupation :
Why would you like to volunteer with us?	